PHYSICAL VIOLENCE SEXUAL
Using COERCION and THREATS
• making and/or threats to do something to hurt her
• threatening to leave her, to commit suicide, report her to welfare
• making her drop charges
• making her do illegal things
Using INTIMIDATION
• making her afraid by using looks, actions, gestures
• smashing things, destroying her property
• abusing pets
• displaying weapons
Using ECONOMIC ABUSE
• preventing her from getting or keeping a job
• making her ask for money
• giving her an allowance
• taking her money
• not letting her know about or have access to family income
Using EMOTIONAL ABUSE
• putting her down
• making her feel bad about herself
• calling her names
• making her think she's crazy
• playing mind games
• humiliating her
• making her feel guilty
POWER AND CONTROL
Using MALE PRIVILEGE
• treating her like a servant
• making all the big decisions
• acting like the master of the castle
• being the one to define men's and women's roles
Using ISOLATION
• controlling what she does, who she sees and talks to, what she reads, where she goes
• limiting her outside involvement
• using jealousy to justify actions
Using CHILDREN
• making her feel guilty about the children
• using the children to relay messages
MINIMIZING, DENYING and BLAMING
• making light of the abuse and not taking her concerns about it seriously
• saying the abuse didn't happen
• shifting responsibility for abusive behavior
• saying she caused it
PHYSICAL VIOLENCE SEXUAL